

7th September 2016

Physical/Outdoor Education Checklist

Physical Education

PE kits should be left in school at all times as PE days may change. Staff will send kit home at the end of term or if it requires washing.

PE kits should consist of;

- ♦ A red round necked tee-shirt
- ♦ Black shorts
- ♦ Socks
- ♦ Sandshoes/trainer
- ♦ Tracksuit bottoms (optional but for outdoor use only)

Field Days

Children should be prepared for our typical British changeable weather and field day kit should consist of;

- ♦ A complete change of clothing (tracksuit bottoms, long sleeved tee-shirt, sweatshirt, socks)
- ♦ Waterproof coat
- ♦ Waterproof bottoms
- ♦ Wellies/ski boots

Swimming

Year 1, 2 and 3 will begin Swimming on Thursday 15th September. The children will require a towel and suitable swimwear for lessons. Girls must wear one piece swimming costumes and boys must wear trunks or shorts no longer than knee length (These are the guidelines set by our swimming pool staff).

We have this year introduced a school 'hoodie' and track pants (available from Robertsons) which your child could wear for the whole day on swimming days and sporting events should you choose to purchase them.

Longer length hair must be tied back and earrings **must not** be worn on swimming, PE and field days.