

WINTER MENU 2015

FIRST & PRIMARY SCHOOL

WEEK ONE



Homemade Dish



Celery



Cereals Containing Gluten



Crustaceans



Eggs



Fish



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame Seeds



Soya



Sulphur Dioxide

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p>Salmon Bites</p> <p> </p>	<p>Spaghetti Bolognaise</p> <p> </p>	<p>Roast Turkey with Yorkshire Pudding</p> <p> </p>	<p>Soup and a Sandwich</p> <p> </p>	<p>Homemade Pizza</p> <p> </p>
Potatoes	Jacket Potato Wedges	Garlic Bread	Roast Potatoes		Chips
Pasta/Rice	<p> Crusty Bread</p>				
Vegetables	Sweetcorn / Broccoli	Carrots Garden Peas	Cabbage / Swede / Brussel Sprouts		Baked Beans
Starters or Sweets	<p>Chocolate Sponge with Chocolate Sauce</p> <p> </p>	<p>Fruit Rice Pudding</p> <p> </p>	<p>Jelly Sundae</p> <p> </p>	<p>Homemade Biscuit</p> <p> </p>	<p>School Pudding of the week</p>

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Main Course Choices	<p>Chicken Casserole</p> <p> </p>	<p>Sausage and Gravy</p> <p> </p>	<p>Roast Beef with Yorkshire Pudding</p> <p> </p>	<p>Cheese Panini</p> <p> </p>	<p>Breaded Fish Portion</p> <p> </p>
Potatoes Pasta / Rice	<p>Rice</p> <p></p>	<p>Creamed Potatoes</p>	<p>Roast Potatoes</p>	<p>Potato Wedges</p>	<p>Chips</p>
Vegetables	<p>Sweetcorn / Broccoli</p>	<p>Carrots / Green Beans</p>	<p>Cabbage / Swede Brussel Sprouts</p>		<p>Garden Peas</p>
Salad Bar				<p>Seasonal Salad</p>	
Starters or Sweets	<p>Chocolate Brownie</p> <p> </p>	<p>Tutti Frutti Cake with Custard</p> <p> </p>	<p>Homemade Biscuit with a Glass of Milk</p> <p> </p>	<p>Homemade Flapjack</p> <p> </p>	<p>School Pudding of the Week</p>

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Tomato and Basil Pasta Bake 	Savoury Mince And Dumpling 	Roast of Gammon with Yorkshire Pudding 	Baked Potato With Cheese and Beans 	Baked Sausage
Potatoes Pasta / Rice	Crusty Bread 	Creamed Potatoes 	Roast Potatoes 		Chips
Vegetables	Broccoli / Cauliflower Mixed Vegetables	Garden Peas Carrots	Cabbage Swede Brussel Sprouts		Baked Beans
Salad Bar					
Starters or Sweets	Iced Marble Cake 	Fruit Sponge with Custard 	Fruity Flapjack with a Glass of Milk 	Fruit Muffin 	School Pudding of the Day